

## Summary of Criteria for PCS-Plus

### North Carolina Division of Medical Assistance (DMA) PERSONAL CARE SERVICES-PLUS (PCS-PLUS) CRITERIA

**Medicaid recipients who require additional time for the in-home aide to perform delegated tasks are eligible for PCS-Plus if they qualify for PCS and meet one of the following three criteria:**

1. At a minimum require extensive assistance in four or more activities of daily living (ADLs). **OR**
2. At a minimum require extensive assistance in three or more ADLs *and* need the in-home aide to perform at least one task at the nurse aide II level. **OR**
3. At a minimum require extensive assistance in three or more ADLs *and* have a medical or cognitive impairment that requires extended time to perform needed in-home aide tasks.

**The recipient's assessment must contain documentation that supports the PCS-Plus criteria.**

**The North Carolina Division of Medical Assistance (DMA) will interpret the PCS-Plus criteria as follows:**

**Criterion 1:** Recipient meets PCS criteria AND requires at a minimum extensive assistance in four or more activities of daily living (ADLs). (Note: Recipient could also be fully dependent in four or more ADLs or require a combination of extensive and fully dependent assistance needs in four or more ADLs.)

**Activities of Daily Living include:**

Bed mobility, transfer, ambulation, eating, toilet use, bathing, dressing, personal hygiene, and self-monitoring of medications.

- *Extensive assistance* is when a recipient requires weight-bearing support while performing part of an activity such as the guiding or maneuvering of limbs. *Extensive assistance* also refers to needing substantial or consistent "hands-on" assistance with eating, toileting, bathing, dressing, personal hygiene, and self-monitoring of medications.
- *Full dependence* is when a recipient cannot perform the activity and requires another individual to perform the entire activity.
- The definitions of extensive assistance and full dependence are based on the federally approved Minimum Data Set (MDS), 2.0 version.

**Criterion 2:** Recipient meets PCS criteria AND requires at a minimum extensive assistance in 3 or more ADLs (as defined above) AND requires at least one Nurse Aide II task. (Note: DMA will evaluate the frequency of the Nurse Aide II tasks and expects that most recipients qualifying for PCS-Plus under Criterion 2 will require at least one Nurse Aide II task on a daily basis.)

Nurse Aide II tasks are defined as any of the following:		
<b>1. Oxygen Therapy</b>	<b>4. Nutrition Activities</b>	<b>9. I.V. – Assistive Activities</b>
• Room set-up	• Oral/nasogastric infusions (after placement verified by RN)	• Assemble/flush tubing during set-up
• Monitoring flow-rate	• Gastrostomy feedings	• Monitoring flow-rate
<b>2. Suctioning</b>	• Clamping tubes	• Site care/dressing change
• Oropharyngeal	• Removing oral/nasogastric feeding tubes	• Discontinuing peripheral I.V. infusions
• Nasopharyngeal	<b>5. Sterile Dressing Change (Wound over 48 hours old)</b>	<b>10. Urinary Catheters</b>
<b>3. Elimination Procedures</b>	<b>6. Break-up &amp; Removal of Fecal Impaction</b>	• Catheterizations
• Ostomy Care	<b>7. Wound Irrigation</b>	• Irrigation of tubing
• Irrigation	<b>8. Tracheostomy Care</b>	

**Criterion 3:** Recipient meets PCS criteria AND requires at a minimum extensive assistance in 3 or more ADLs (as defined above) AND has a medical or cognitive impairment requiring extended time to perform needed in-home aide tasks.

In this case, the **diagnosis** should include a medical or cognitive impairment that supports the in-home aide needing extended time. In addition, the assessment must document at least one of the following:

- Presence of continuous and/or substantial pain interfering with individual's activity or movement
- Dyspneic or noticeably short of breath with minimal exertion during the performance of ADLs and requires continuous use of oxygen
- Due to cognitive functioning, individual requires extensive assistance with performing ADLs. Individual is not alert and oriented or is unable to shift attention and recall directions more than half the time
- Bowel incontinence more often than once daily
- Urinary incontinence during the day and night